**The St’át’imc Runner Síxa Síxa** Book review by Augustina Alexander Alita's Sacred Journey is a new book by Harold S. Derbitsky. It is the story of Alita, who continues her exploration into the realm of sacred thought.

The main character is on a search for truth that takes her to places around the world. She has witnessed and experienced the hardships her family and the people she visits. She sets out looking for new perspectives to teach her relatives and use personally. She has great ideas that she developed over time. Alita seeks out likeminded spiritual compatriots who are willing to listen and share their ideas about truth. Some of the concepts she explores reflect the ways of First Nations and American Indians ceremonies that Alita has experienced firsthand. She draws wisdom from cultures and religions of different people she meets around the world

The tone of the book is very positive on the topic of thought and connectedness with the Great Spirit or God, and that this has the power to heal hurting people.

I really enjoyed reading this book. I found it was easy to read because it touches on cultural and religious ideas that I have researched. I felt a real kinship with Alita, as I have been on a similar journey and also changed my thinking in subtle ways. The story confirms that People of all Walks search for truth through many different aspects of culture and have similar desires to live a good spiritual life. It confirms some of my ideas about thoughts that can help a person cope with the stresses of life that we all go through.

I felt reunited with my father, Alphonse Peters Sr. in the sweat lodge that we shared often. He believed in letting people from different walks of life share in the sweat to access its healing power. He never refused anybody that was open to the spiritual learning and teaching.

Derbitsky shows great respect to the people that shared their sacred beliefs, ideas and values with him. I'm glad he shared his experience of the sweat he went into with my dad. I recommend this book for anybody who is not afraid to delve into the beliefs and views of People from around the world.